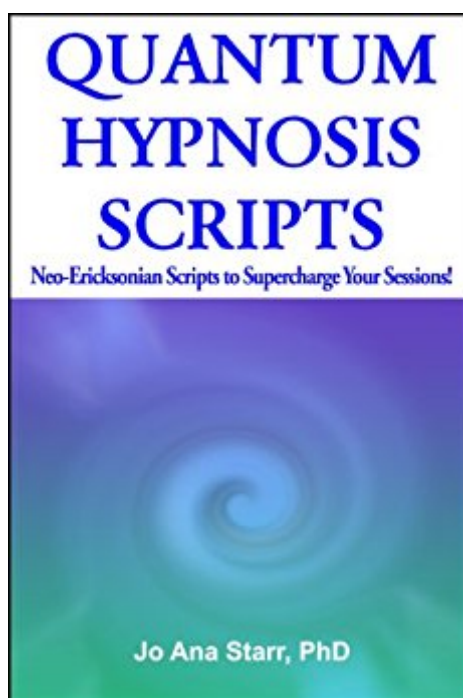


The book was found

# Quantum Hypnosis Scripts: Neo-Ericksonian Scripts That Will Superchange Your Sessions



## Synopsis

Do you need ready-to-use, professional-quality Hypnosis scripts for your practice or for your own personal use with Self Hypnosis? Then this is the book for you! Quantum Hypnosis Scripts is a 222 page book of full length, professional Hypnosis scripts, ideal for either professional use or for yourself. As the title suggests, this book focuses exclusively on Hypnosis scripts and instructions for their best use. In addition to the individual, push-button Hypnosis scripts, Quantum Hypnosis Scripts provides 2 Master Hypnosis Inductions, which are essential to the use of the provided Hypnosis scripts. Also included are 2 Hypnosis Series Programs of 3 Hypnosis scripts each, for Weight Loss and Stress Reduction. Since these applications are ideally treated with a series of sessions which are frequently hard to find as scripts, I think that readers will be pleased with these session scripts. Readers of Quantum Hypnosis Scripts also receive a Bonus FREE full-length audio Hypnosis session, valued at \$59, available at the book's website. Detailed information on how to access your free Hypnosis session is available in the last chapter of this book. Incidentally, if you are a user of Instant Self Hypnosis method or a reader of Eyes Open Self Hypnosis, reading these complete and suggestion-rich scripts will work well for you. For readers of Quantum Self Hypnosis and students or graduates of NEIH, these are new scripts for you, although the now familiar script framework (the beach scene) is used in all the included scripts. There are also a few important, duplicate Hypnosis applications featured in this book complete with new suggestions. The general approach for all of the included scripts is ego-strengthening and nurturing and very helpful for professional use as well as for Self-Hypnotists. Also important, there are no scripts in this book that utilize negative programming or aversion therapy. These scripts are all positive, present tense, and affirmative in nature, thus very effective. This book was written as a stand alone text as well as a companion book to Quantum Self Hypnosis, so readers of that book will find many new and interesting scripts to use in this book. We decided at the 11th hour to include one of our well-known Stop Smoking Hypnosis scripts because it seemed wrong not to include a script for one of the most popular Hypnosis applications in this first volume of Quantum Hypnosis Scripts. Since this script is not brand new or unique, it is being included as a Bonus script and not being counted as one of the advertised 24 Hypnosis scripts included in this book. While the script isn't unique, it is very effective, so for readers looking for a good Stop Smoking script, enjoy your bonus script! For readers unfamiliar with the author, Jo Ana Starr, "the Self Hypnosis Guru", has worked in the field of Hypnotherapy since 1987. She is a Certified Clinical Hypnotherapist and Executive Director of the New England Institute of Hypnotherapy, an award-winning training program operating since 1995. Dr. Starr trained in 1987 with the American Institute of Hypnotherapy under the tutelage of the

esteemed Dr. Krasner. She later earned a PhD and holds a Doctorate in Divinity as well. Her undergraduate work was in English, Education, Communication and Psychology. Her other trainings include NLP, Success Coaching, Matrix Energetics, Tong Ren, Reiki Mastery, and the Silva Method. Dr. Starr has made numerous appearances on both radio and television programs to discuss Hypnosis and Wellness. She has authored 8 training programs, all focused on Hypnosis, Prosperity, Diet and Wellness and is the author of Quantum Self Hypnosis, Eyes Open Self Hypnosis, and Blueprint for Happiness..

## **Book Information**

File Size: 276 KB

Print Length: 222 pages

Publication Date: January 25, 2012

Sold by: Amazon Digital Services LLC

Language: English

ASIN: B00724WJ6U

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #324,294 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #8

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## **Customer Reviews**

Most Enjoyable. Very clear methodology, I am very pleased. I look forward to reading more of your work. Read it.

I purchased this book because of the very positive reviews of it, and because of the authors' credentials, and while it was okay, I don't know what all the raving was about. It seemed like there was really only ONE basic script, with a few lines changed in the middle. Each script started with the same beach imagery, word for word, and often phrases chosen for one issue were simply

"cut-and-pasted" into a 3rd or 4th script. The basic script was fine, but this "book" could really be condensed into a single article or blog entry.

Dr. Starr has done it again. Her first book "Quantum Self-Hypnosis" is a tremendous book that is informative, easy to read, and extremely practical - this book has the same character. I would recommend that you read "Quantum Self-Hypnosis" first before reading "Quantum Hypnosis Scripts" if you are new to Self-Hypnosis or need a refresher on the subject. Saying that, the book "Quantum Hypnosis Scripts" can be used on its own with tremendous success. I have read both books and agree with Dr. Starr that "...this book was written as a companion book to 'Quantum Self-Hypnosis.'"Enough of my opinion - let's see what Dr. Starr says, "'Quantum Hypnosis Scripts' is a book of full length professional Hypnosis scripts ideal for either professional use or for Self-Hypnosis, and as the title suggests, this book focuses solely on Hypnosis scripts and suggestions for their ideal use. This book was written as a companion book to 'Quantum Self-Hypnosis,' so the scripts in this book are different from those included in the previous book." Dr. Starr goes on to say, "'Quantum Hypnosis Scripts' includes 24 Hypnosis scripts plus 2 Master Hypnosis inductions, which are essential to the use of the provided Hypnosis scripts."All of these scripts are Full-Length scripts with nothing needed to be added. There are 2 full programs of scripts written to cover those wishing to lose weight or to eliminate stress. What a BARGAIN !!!!!Here we have another book by Dr. Starr that is a MUST READ !!!!! Also, included with the purchase of the book is a FREE Full-Length audio session valued at \$59.00.

These scripts are good examples of hypnosis language and method. The imagery is repetitive; that's fine if the subject finds him/herself in it, but there is no wiggle room in the language to encourage the subject's unconscious mind to find what it needs within the general framework.

I found the repetitive scripts boring as did my clients. Same old, same old. Not for the Professional Hypnotherapist at all.

From reading the reviews I expected a variety of great scripts. What I saw was a repeat for all scripts with one or two lines changed in each script with a different title. I am anything but supercharged...

All scripts are virtually the same except for a lone it two. I guess anything can be called a book

these days.

The book repeats the same script multiple times. Although the beach script is good, there are so many other scenarios that one can use.

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Hypnotherapy Scripts: A Neo-Ericksonian Approach to Persuasive Healing Led Zeppelin -- Electric Sessions: Guitar TAB, Book & DVD (Guitar Sessions) Ericksonian Hypnosis Cards-Salad: do what you love Solution-Oriented Hypnosis: An Ericksonian Approach Hypnosis: Medicine of the Mind: Hypnosis: Medicine of the Mind - A Complete Manual on Hypnosis for the Beginner, Intermediate and Advanced Practitioner Self Hypnosis: The Ultimate Guide on How to Master Self Hypnosis, hypnotize:hypnosis Advanced Molecular Quantum Mechanics: An Introduction to Relativistic Quantum Mechanics and the Quantum Theory of Radiation (Studies in Chemical Physics) 7 STEPS to SALES SCRIPTS for B2B APPOINTMENT SETTING. Creating Cold Calling Phone Scripts for Business to Business Selling, Lead Generation and Sales Closing. A Primer for Appointment Setters. Wicked Cool Shell Scripts, 2nd Edition: 101 Scripts for Linux, OS X, and UNIX Systems Past Life Regression Sleep Hypnosis: Discover Your True Nature and Uncover Your Past Lives During Sleep with Hypnosis and Meditation Medical Hypnotherapy: Techniques, Scripts and Processes for Effective Hypnosis and Healing Sports Hypnosis in Practice: Scripts, strategies and Case Examples Self Hypnosis As You Read: 42 Life-Changing Scripts! Creating Trance and Hypnosis Scripts Perfect Self Hypnosis: Lose Weight In Your Sleep: Create the perfect self hypnosis audio for yourself or as a gift for natural, diet free, weight loss in 30 days The Self-Hypnosis Diet: Use the Power of Your Mind to Make Any Diet Work for You [With 6-Page Study Guide]Ã Â Ã Â [SELF HYPNOSIS DIET 3D] [Compact Disc] Rapid Weight Loss: Hypnosis for Losing Weight Fast and Increasing Your Motivation to Lose Weight via Beach Hypnosis and Meditation NLP: Neuro Linguistic Programming: Re-program your control over emotions and behavior, Mind Control - 3rd Edition (Hypnosis, Meditation, Zen, Self-Hypnosis, Mind Control, CBT) NLP: Optimizing Your Life! - Mind Control, Human Behavior and Hypnosis (NLP, Hypnosis)

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